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**ADAPTATION OF ARTIFICIAL DIETS FOR
HELICOVERPA ARMIGERA (HÜBNER)
(LEPIDOPTERA: NOCTUIDAE) AT
LABORATORY REARING**



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**ABSTRACT:**

Helicoverpa armigera is an important pest of crops worldwide, and several studies have focused on the development of artificial diets for this species. However, studies evaluating the insect's performance at nutritionally different diets are scarce. Larval development is dependent on the ratio of protein and carbohydrates. The aim of this study was to evaluate the biology and to compare the consumption and use of food of *H. armigera* larvae on diets with different protein levels. The nutritional index, the relative consumption rate, the relative metabolic rate, the relative growth rate, and the apparent digestibility were higher in the diet with added protein. On the other hand, the conversion efficiency of digested food was lower, resulting in a higher metabolic cost. In terms of biological aspects, larval survival was higher for the diet with average protein content and lower for the diet with a high protein level. The pupal period was longer for the diet with a higher protein content, while pupal survival was lower. Among the evaluated diets, the diet with an average protein content resulted in a higher net reproductive rate, a shorter time for the population to double in number, and the highest rates of population growth. The results suggest that lower or higher protein contents in the diets of *H. armigera* negatively affect the biological aspects of this species.

INTRODUCTION

Helicoverpa armigera (Hübner) (Lepidoptera: Noctuidae) is an important pest of agricultural crops worldwide and stands out with polyphagia, facultative diapause, a high dispersal capacity, adaptation to different environments, and a high reproductive potential (Fitt, 1989; CAB, 2014). This pest species can feed on vegetative organs and reproductive structures, causing significant losses and control costs of about US\$ 5 billion worldwide (Lammers and Macleod, 2007; Fathipour and Sedaratian, 2013).

Although several studies have investigated artificial diets for *H. armigera*, few studies have been carried out evaluating its performance on nutritionally different diets. Larval development is dependent on the ratio of proteins and carbohydrates (Sarate et al., 2012). Protein digestion during the larval period is a complex process and performed by the proteases present in the insect's gut (Kotkar et al., 2009).

In other lepidopteran species, such as *Plodia interpunctella* (Hübner) (Lepidoptera: Pyralidae), a diet low in proteins and carbohydrates can influence several biological aspects (Bouayad et al., 2008).

The development of artificial diets suitable for insects has allowed a great advance in integrated pest management programs. The consumption and use of food are basic conditions for insect growth, development, and reproduction, and the quantity and the proportion of nutrients in the food substrate of the larval stage influence the acceptance of the food, besides affecting the performance of adults, and may have more or less severe effects on the biology of insects, facilitating or impeding their development (Scriber and Slansky Jr., 1981; Behmer, 2009; Panizzi and Parra, 2009; Schowalter, 2011; Parra, 2012; Cohen, 2015).

In this context, the aim of this study was to evaluate the biology and to compare the consumption and use of food in *H. armigera* larvae on diets with different protein levels.

MATERIAL AND METHODS

The rearing of *H. armigera* and the experiments were conducted at the Laboratory of Biology and Insect Rearing (LBIR), Department of Plant Protection, São Paulo State University (UNESP), Jaboticabal, SP. The insects were kept under controlled laboratory conditions at a temperature of $25 \pm 1^\circ\text{C}$, a relative humidity of $70 \pm 10\%$, and a photoperiod of 12 hours light/12 hours dark.

Rearing of *H. armigera*

The larvae were placed in Petri dishes (6 cm diameter \times 2 cm height)

containing an artificial diet described by Greene et al. (1976), with modifications, and monitored until the larvae reached the pupal stage. At the pupal stage, they were separated by sex and transferred to copula and oviposition cages of PVC (20 cm diameter × 20 cm height), lined with paper towels and supported on a plastic cover (23.5 cm diameter × 3 cm height) lined with paper towels, with the top closed with voile fabric fastened with elastic. Twenty couples were conditioned per cage and fed with a 10% honey-water mixture on a piece of soaked cotton packed inside a plastic top (3 cm diameter × 1.5 cm height). The eggs were removed and placed in plastic containers (25 × 15 × 12 cm) until hatching.

Artificial diets

The artificial diets used in this study are described in Greene et al. (1976), with modifications. Three formulations were used; one for rearing (D₁) and two with variations in the amount of protein, with double (D₂) and with half (D₃). The compositions of the diets are shown in Table 1.

Nutritional indices

When the larvae reached the fourth instar, determined when they were about 12 mm in length (Ali et al., 2009) and had dark tubercles in the dorsal region of the first abdominal segment (Matthews, 1999), 10 insects were removed from the Petri dishes, weighed, killed by freezing, and oven-dried. Another 10 insects were weighed and kept in the Petri dishes; where when they reached the fifth instar, 20 mm of length (Ali et al., 2009), confirmed by the presence of ecdysis, the same procedure as described above was performed. In addition, dietary leftovers and excrements from the insects during the fourth instar and 10 whole artificial diet cubes were weighed and oven-dried. After a drying period of 3 days, the diets and larvae were weighed. Thus, the weight of the dry larvae, the food consumed, and the weight gain of the larvae were obtained for the determination of the indices of food consumption and use.

The methodology proposed by Waldbauer (1968) and modified by Scriber and Slansky Jr. (1981) was adopted for determination of the quantitative nutritional indices of fourth instar of the larvae stage. For the calculation of these indices, the following parameters were used (in dry matter weight):

- T = duration of feeding period (days);
- Af = weight of food supplied to the insect (g);
- Ar = weight of leftover food provided to the insect (g) after T;
- F = weight of excretory produced (g) during T;
- B = (I - F) - M = weight gain by larvae (g) during T;
- \bar{B} = mean weight of larvae (g) during T;
- I = weight of food consumed (g) during T;
- I - F = food assimilated (g) during T;
- M = (I - F) - B = food metabolized during T (g).

The indices of consumption and use for each treatment were determined using the following equations:

$$\text{Relative consumption rate (g/g/day) - RCR} = \frac{I}{B \times T}$$

$$\text{Relative growth rate (g/g/day) - RGR} = \frac{B}{B \times T}$$

$$\text{Relative metabolic rate (g/g/day) - RMR} = \frac{M}{B \times T}$$

$$\text{Approximate digestibility (\%) - AD} = \frac{I-F}{I} \times 100$$

$$\text{Efficiency of conversion of ingested food (\%) - ECI} = \frac{B}{I} \times 100;$$

$$\text{Efficiency of conversion of digested food (\%) - ECD} = \frac{B}{I-F} \times 100;$$

$$\text{Metabolic cost (\%) - CM} = 100 - \text{ECD}.$$

Biological aspects

For each diet, 60 newly hatched larvae (< 24 hours) were individualized in Petri dishes (6 cm diameter × 2 cm height), where they were monitored until reaching the pupal stage. Artificial diet cubes (2 cm × 2 cm) were supplied and replaced after approximately

80% had been consumed. We evaluated the following biological parameters: larval period, larval survival, pupal weight at 24 hours, sex ratio, pupal period, and pupal survival.

After the emergence of adults, four cylindrical PCV cages (10 cm diameter × 20 cm height) were constructed for each diet, with the top closed with voile fabric fastened with elastic, supported on a plastic cover (15 cm diameter × 2 cm height) and lined with paper towels, where two couples of *H. armigera* that had emerged the same day were released. Adults were fed with a 10% honey-water mixture on a piece of soaked cotton packed inside a plastic top (3 cm diameter × 1.5 cm height). Based on daily observation, female fecundity (eggs/female) and longevity of male and female adults were determined.

With the biological parameters obtained, the parameters for the construction of fertility life tables were estimated, according to Birch (1948), Silveira Neto et al. (1976), Southwood (1978), and Price (1984): x = age of parental females, age is considered starting in the egg phase; lx = life expectancy to age x, expressed as a fraction per female; mx = specific fertility or number of offspring produced per female at age x; lx.mx = total number of females at age x. The growth parameters resulting from life tables were R₀ = net rate of population growth, T = mean generation time, r_m = intrinsic rate of increase, = finite rate of increase. In addition to these parameters, we also determined Dt, which is the time required for the population to double in number, according to Krebs (1994).

The growth parameters (R₀, T, r_m, e Dt) were calculated using the following equations:

$$R_0 = \sum(lx.mx);$$

$$T = \sum(x.lx.mx) / \sum(lx.mx);$$

$$r_m = \ln R_0 / T;$$

$$\lambda = e^{r_m};$$

$$Dt = \ln(2) / r_m.$$

Statistical analysis

Data from nutritional indices and biological characteristics of adult *H. armigera* specimens on different diets were subjected to Kolmogorov and Bartlett tests to determine normality and homogeneity of variance. Data from the RCR, RGR, RMR, ECD, weight of the fresh and dry larvae, and pupal period were transformed by the root of x + 0.5 to meet the requirements of the analysis of variance (ANOVA) and then analyzed using PROC ANOVA. Means were compared by Tukey's test (P < 0.05). Data for larval period, larval survival, weight of pupae, pupal period, pupal survival, fecundity of females, and longevity of males and females were compared using the Student Newman Keuls test. All analyses were conducted using the software package SAS (SAS Institute, 2002).

Population parameters of fertility life tables were estimated according to the Jackknife methods for estimating the confidence intervals of the parameters and for allowing comparisons between treatments, as described by Maia et al. (2000). Estimates were conducted using SAS software (SAS Institute, 2002).

RESULTS

Nutritional indices

The highest fresh weight of *H. armigera* in the fifth instar was obtained in D₃, whereas in D₂ the caterpillars had the lowest weight, with a variation greater than 60 mg. Regarding dry weight, all treatments were similar (Fig. 1).

Relative consumption rate (RCR), relative metabolic rate (RMR), and apparent digestibility (AD), which represents the percentage of the feed that was effectively assimilated, were higher in D₂. For D₁ and D₃, these indices were smaller and similar to each other, differing in AD, which was lower for D₃ (Table 3).

Regarding the relative growth rate (RGR), the lowest values were for D₁ and D₃, while for the efficiency of conversion of ingested food

(ECI) the values were similar for the three diets, varying from 29.1 to 30.8%. On the other hand, the efficiency of the conversion of digested food (ECD) was lower in D₂, which led to a higher metabolic cost (CM) for this diet; while ECD was higher for D₁ and D₃ and CM was lower (Table 3).

Biological characteristics

For the larval period, the insects fed with different diets did not present significant differences, with larval periods varying from 18.2 to 21.0 days. Survival in this period was higher for D₁ and lower for D₂, with a variation of 38.1%, while D₃ presented intermediate survival (Table 4).

The weight of pupae at 24 hours of age and the sex ratio did not differ significantly between the diets evaluated, with the weight varied between 310.6 and 337.6 mg and the sex ratio between 0.3 and 0.4. The different diets influenced the pupal period of *H. armigera*, where the duration was higher for D₂ and similar between D₁ and D₃ (Table 4).

Survival to the end of the pupal phase was lower for D₂, while D₁ and D₃ showed similar survival rates (Table 4).

In adulthood, there was no significant difference in terms of longevity between males and females. However, females presented a higher longevity when compared to males in more than 3 days (Table 5).

The different diets had no impact on female fecundity, which varied between 206.5 and 268.7 eggs/female (Table 5).

The Fertility Life Table, based on the results obtained for the biological parameters of *H. armigera*, showed differences between the evaluated diets. The net reproduction rate (R_0), although higher for D₁, was similar for all treatments, ranging from 22.7 to 61.3 females/females per generation. Regarding the average generation time (T), the lowest value was found for D₁, while D₃ presented the highest value. The intrinsic increase rate (r_m) was higher for D₁ and lower for D₂, from 0.052 females/female/day. The finite increase rate (λ) was also higher for D₁, presenting similar values between D₂ and D₃. The time for the population to double in size (Dt) was significantly lower for D₁; while for D₂, it took 3 more days for the population to double in the number of individuals when the larvae were fed on these diets (Table 6).

Among the diets evaluated, D₁ had the highest net reproduction rate, the shortest time for the population to double in number, and the highest rates of population growth (Table 6).

DISCUSSION

By comparing the consumption, feed use, and biology of *H. armigera* larvae in diets with different protein contents, significant differences were identified.

The highest fresh weight of fourth instar larvae was related to the protein content, since the lower the protein content of the diet, the greater the weight of the larvae. These results differ from those found by Sarate et al. (2012), who fed larvae with several host plants and observed that diets rich in proteins and/or carbohydrates resulted in higher larvae weight and a shorter larvae period. However, the dry larvae mass was similar between the different diets.

The relative consumption rate (RGR), representing the amount of food ingested per unit weight of the insect per day, and the relative metabolic rate (RMR), representing the amount of food spent in metabolism per unit weight, were higher for the diet with a higher protein content, demonstrating that larvae need a greater amount of food to meet their nutritional needs due to the high amount of protein required for their development.

Apparent digestibility (AD), which represents the percentage of ingested food that is effectively assimilated by the insect, was also higher for the diet with a higher protein content and lower for the diet with a lower protein content, suggesting that the amount of food assimilated by the insect was associated with the protein level; therefore, in diets rich in protein, a higher food intake is necessary to satisfy the nutritional needs of the insect.

In terms of the relative growth rate (RGR), which indicates the biomass gain by the insect in relation to its weight, the lowest values were found for the diets with the lowest amounts of protein; however, regarding the efficiency of the conversion of ingested food (ECI), which represents the percentage of food ingested that is transformed into biomass, there was no difference between the three diets. The efficiency of the conversion of digested food (ECD) showed that for diets with high protein contents, a low conversion of the diet to biomass occurred. Due to this low efficiency, this diet presented a high metabolic cost (CM).

The protein present in the diet did not influence the length of the larval period (18.2 to 21.0 days). Survival during this period was low in the high-protein diet, demonstrating that high levels of this nutrient in the diet may impair *H. armigera* population growth. Hamed and Nadeem (2008), who evaluated different artificial diets to rear *H. armigera* in the laboratory, found a larval period varying between 15.6 and 42.8 days, and the results of this study are within this range. Truzzi et al. (2017), using an artificial diet similar to D₁, found a larval period of 14.6 days, a higher value than observed in this study.

The variation in protein content did not influence pupal weight and sex ratio. However, the pupal period was influenced in that the high protein diet prolonged this phase of the insect's life cycle. For the diet based on cotton seed and water chestnut, similar values have been found previously (Hamed and Nadeem, 2008). However, for artificial diets, this period was shorter (Truzzi et al., 2017).

The survival of insects in the pupal phase was lower for the diet with a high protein content, in which was also the case for the larval period, indicating again the negative influence of high protein levels on the biology of this pest species.

The diet in the larval period did not interfere with the longevity of adults. However, females presented greater longevity than males, which has also been observed in other studies using different diets (Ali et al., 2009, Jha et al., 2014, Truzzi et al., 2017).

Female fecundity was not influenced by the diet during the larval period. However, the values found were low when compared to other studies, which reported values between 440 and more than 2,500 eggs/female on different diets during the larval phase (Razmjou et al., 2013, Nasiri et al., 2014, Truzzi et al., 2017).

In relation to the fertility life table, for the net reproduction rate (R_0), Truzzi et al. (2017) found a higher value for the artificial diet, with 255 females per female in each generation. For soybean cultivars, the rate ranged from 16.0 to 270.0 females per female (Soleimannejad et al., 2010), while for tomato cultivars, it was between 7.8 and 186.9 females per females (Safuraie-Parizi et al., 2014). The average generation time (T) was influenced by the protein content, and at lower protein levels, the insects took longer to complete the cycle. The intrinsic rate of increase (r_m) was also affected by the low protein level, with a smaller number of females per female being produced per day. When *H. armigera* larvae were reared on soybean cultivars, the values were similar, ranging between 0.084 and 0.114 females per female each day (Soleimannejad et al., 2010), but for artificial diets and for different host plants, larger values have been observed in previous studies (Razmjou et al., 2013, Truzzi et al., 2017). For the finite rate of increase (λ), low and high protein levels resulted in a lower number of females per female each day. *Helicoverpa armigera* presented the shortest time for the population to double in size (Dt)

at D₁ with 4.9 days, but this period was higher than that found by Truzzi et al. (2017), which was 3.6 days.

The influence of different protein levels on *H. armigera* development, population growth, consumption indices, and feed use was studied, and the information obtained in this study can be used to adapt diets or to develop new diets for mass rearing of this insect species. In addition, future studies should evaluate the influence of different protein levels on successive generations of *H. armigera*.

CONCLUSION

The most suitable artificial diet for the mass rearing of *H. armigera* in the laboratory was D₁, with lower or higher levels of protein affecting the biological aspects of this pest species.

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Table 1. Composition of the artificial diets for *Helicoverpa armigera*.

Constituent	D1	D2	D3
White bean	75.0 g	150.0 g	37.5 g
Wheat germ	60.0 g	120.0 g	30.0 g
Soy bran	30.0 g	60.0 g	15.0 g
Milk powder	30.0 g	60.0 g	15.0 g
Brewer's yeast	37.5 g	75.0 g	18.75 g
Ascorbic acid	3.6 g	3.6 g	3.6 g
Sorbic acid	1.8 g	1.8 g	1.8 g
Methylparahydroxybenzoate (Nipagin®)	3.0 g	3.0 g	3.0 g
Vitamin solution	9.0 mL	9.0 mL	9.0 mL
Tetracycline	0.12 g	0.12 g	0.12 g
Formaldehyde (40%)	3.6 mL	3.6 mL	3.6 mL
Agar	23.0 g	23.0 g	23.0 g
Distilled water	1,400 mL	1,400 mL	1,400 mL

D1 – Artificial diet modified from Greene et al. (1976), used at rearing.
 D2 – Artificial diet modified from Greene et al. (1976), with double protein.
 D3 – Artificial diet modified from Greene et al. (1976), with half protein.

Table 2. Composition of the vitamin solution used for artificial diets.

Component	Amount
Niacinamide	4.0 mg
Calcium pantothenate	4.0 mg
Thiamine HCl	1.0 mg
Riboflavin	2.0 mg
Pyridoxine HCl	1.0 mg
Folic acid	1.0 mg
Biotin	0.08 mg
Vitamin B12	0.008 mg
Distilled water	400 mL

Table 3. Nutritional indices of *Helicoverpa armigera* on artificial diets.

Index	Diet		
	D ₁	D ₂	D ₃
RCR (g/g/day)	2.3 ± 0.40 b1	5.5 ± 6.48 a	1.9 ± 0.08 b
RGR (g/g/day)	0.7 ± 0.00 b	1.6 ± 0.41 a	0.5 ± 0.01 b
RMR (g/g/day)	0.7 ± 0.18 b	2.5 ± 0.46 a	0.3 ± 0.02 b
AD (%)	58.4 ± 2.42 b	73.2 ± 2.17 a	45.8 ± 10.22 c
EI (%)	30.8 ± 1.90 a	30.3 ± 1.21 a	29.1 ± 2.21 a

ECD (%)	54.4 ± 4.55 a	41.9 ± 2.50 b	63.8 ± 1.93 a
CM (%)	45.6 ± 4.55 b	58.1 ± 2.50 a	36.2 ± 1.93 b

1Means ± SE followed by the same letter on the line do not differ by the Tukey test (P > 0.05).

Table 4. Biological characteristics of the larval and pupal stages of *Helicoverpa armigera* on artificial diets.

Characteristic	Diet		
	D ₁	D ₂	D ₃
Larval period (days)	18.2 ± 0.53 a1	20.9 ± 1.54 a	21.0 ± 4.97 a
Larval survival (%)	60.0 ± 7.29 a	21.9 ± 4.63 b	40.0 ± 7.29 ab
Pupae weight (mg)	335.2 ± 10.23 a	337.6 ± 12.29 a	310.6 ± 9.08 a
Sex ratio	0.4 ± 0.05 a	0.4 ± 0.25 a	0.3 ± 0.09 a
Pupal period (days)	14.9 ± 0.36 b	18.5 ± 1.06 a	14.6 ± 0.21 b
Pupal survival (%)	42.5 ± 5.00 a	10.0 ± 4.68 b	32.5 ± 6.37 a

1Means ± SE followed by the same letter on the line do not differ by the Student Newman Keuls (P > 0.05).

Table 5. Biological characteristics of *Helicoverpa armigera* adults on artificial diets.

Characteristic	Diet		
	D ₁	D ₂	D ₃
Male longevity (days)	6.7 ± 1.96 a1	5.5 ± 1.55 a	5.0 ± 1.12 a
Female longevity (days)	10.1 ± 1.84 a	9.2 ± 1.31 a	9.1 ± 1.33 a
Fecundity (eggs/female)	229.7 ± 77.60 a	268.7 ± 65.10 a	206.5 ± 28.02 a

1Means ± SE followed by the same letter on the line do not differ by the Student Newman Keuls (P > 0.05).

Table 6. Parameters of the fertility life table of *Helicoverpa armigera* on artificial diets.

Characteristics	Diets		
	D ₁	D ₂	D ₃
R ₀	61.3 a ¹ (-20.37-143.00)	23.7 a (-108.66-156.05)	22.7 a (-4.65-50.11)
r _m	0.139 a (0.1044-0.1756)	0.091 ab (-0.0791-0.2605)	0.087 b (0.0557-0.1180)
λ	1.146 a (1.1045-1.1866)	1.096 b (0.9123-1.2816)	1.089 b (1.0554-1.1233)
T	30.1 c (25.01-35.31)	36.0 b (34.29-37.81)	36.8 a (35.89-37.70)
Dt	4.9 b (3.62-6.21)	7.4 ab (-9.45-24.28)	7.9 a (4.87-10.86)

¹Means (confidence interval) followed by the same letter on the line do not differ by the Student's t test (P > 0.05).

R₀ = net rate of population growth, T = mean generation time, r_m = intrinsic rate of increase, = finite rate of increase, Dt = time required for the population to double in number.

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